

# Torvalip®

## Atorvastatin

### Forms and presentation

Torvalip® 10: Film coated tablets: Box of 30.

Torvalip® 20: Film coated tablets: Box of 30.

Torvalip® 40: Film coated tablets: Box of 30.

### Composition

Torvalip® 10: Each film coated tablet contains Atorvastatin Calcium equivalent to Atorvastatin 10mg.

Torvalip® 20: Each film coated tablet contains Atorvastatin Calcium equivalent to Atorvastatin 20mg.

Torvalip® 40: Each film coated tablet contains Atorvastatin Calcium equivalent to Atorvastatin 40mg.

Excipients: Lactose, microcrystalline cellulose, calcium carbonate, croscarmellose sodium, crospovidone, colloidal silicon dioxide, magnesium stearate, polyvinyl alcohol, titanium dioxide, polyethylene glycol, talc, starch.

### Why should you take Torvalip®?

Therapeutic class : Lipid modifying agents.

ATC code : C10AA05.

Torvalip® is a cholesterol-lowering drug. Your doctor may prescribe it along with a special diet if your blood cholesterol or triglyceride level is high. The drug works by helping to clear harmful low-density lipoprotein (LDL) cholesterol out of the blood and by limiting the body's ability to form new LDL cholesterol. Your doctor may prescribe Torvalip® to reduce the risk of having a heart attack or developing heart disease if you have any of the following additional risk factors:

- Age 55 years or older
- Smoking habit
- High blood pressure
- Low levels of HDL (high-density lipoprotein, the good cholesterol)
- Family history of early heart disease

### What should you know about Torvalip®?

Torvalip® is usually prescribed if diet, exercise, and weight loss fail to bring your cholesterol levels under control. To get the full benefit from the medication, you need to stick to the diet and exercise program prescribed by your doctor. All these efforts to keep your cholesterol levels normal are important because they may lower your risk of heart disease.

### What is the recommended dosage of Torvalip®?

#### ADULTS

The recommended starting dose is 10 or 20 milligrams once a day. (The doctor may start with 40 milligrams daily if your LDL levels need to be reduced by more than 45 percent). The maximum recommended daily dose is 80 milligrams.

#### CHILDREN 10 to 17 YEARS OLD

The recommended starting dose is 10 milligrams once a day. The dosage may be increased after 4 weeks, as determined by the doctor, up to a maximum of 20 milligrams a day. Girls must be having regular menstrual cycles before starting therapy with Torvalip®.

The safety and effectiveness of Torvalip® in children under 10 years old or in doses greater than 20 milligrams a day have not been studied.

### How is Torvalip® taken?

Torvalip® should be taken once a day, with or without food. You can take it in the morning or in the evening, but should hold to the same time each day. The drug effect will begin to show within 2 weeks.

### What to do if you miss a dose?

Take the forgotten dose as soon as you remember. If it is almost time for your next dose, skip the one you missed and go back to your

regular schedule. Do not take 2 doses at the same time.

### What to do in case of overdose?

Although no specific information about Torvalip® overdose is available, any medication taken in excess may lead to serious consequences. If you suspect an overdose of Torvalip®, seek medical attention.

### Are there any food or drug interactions with Torvalip®?

Torvalip® could be taken with most drugs, however consult your doctor before combining Torvalip® with any of the following:

Antacids, Clofibrate, Colestipol, Cyclosporine, Digoxin, Drugs that suppress the immune system, Erythromycin, Fenofibrate, Fluconazole, Gemfibrozil, Itraconazole, Ketoconazole, Niacin, Oral contraceptives.

### What are the side effects of Torvalip®?

*Side effects may include:*

Abdominal pain, abnormal heartbeat, allergic reaction, arthritis, back pain, bronchitis, chest pain, constipation, diarrhea, dizziness, flu symptoms, fluid retention, gas, headache, indigestion, infection, inflammation of sinus and nasal passages, insomnia, joint pain, muscle aching, weakness, nausea, rash, stomach pain, and urinary tract infection.

### Precautions about Torvalip®

Your doctor may order a blood test to check your liver function before you start taking the drug, again 12 weeks after you begin therapy or when your dosage is increased. If you notice any unexplained muscle tenderness, weakness, or pain, especially if you also have a fever or you feel sick please inform your doctor.

If you are scheduled for major surgery, your doctor will have you stop taking Torvalip® a few days before the operation.

### What are the cases in which you should not take Torvalip®?

Pregnancy, breastfeeding, liver disease, allergy to the drug or any of its components.

### What should you do if you are pregnant or breastfeeding?

Developing babies need plenty of cholesterol, so this cholesterol-lowering drug should never be used during pregnancy. If you do conceive while taking Torvalip® notify your doctor. Torvalip® is secreted into breast milk, so you should not take the drug while breastfeeding your baby.

### How to store Torvalip®?

Store below 30°C.

Keep in original pack in intact conditions.

**Date of revision:** February 2016.

#### This is a medicament

- A medicament is a product which affects your health, and its consumption contrary to instructions is dangerous for you
- Follow strictly the doctor's prescription, the method of use, and the instructions of the pharmacist who sold the medicament
- The doctor and the pharmacist are experts in medicine, its benefits and risks
- Do not by yourself interrupt the period of treatment prescribed for you
- Do not repeat the same prescription without consulting your doctor
- Medicament: keep out of reach of children

Council of Arab Health Ministers  
Union of Arab Pharmacists

**Benta S.A.L.**  
**Dbayeh - Lebanon**